FROM THE PRINCIPAL’S DESK:

Dear Parents and Friends of Cawdor PS

Last week 32 students from Years 1 to 5 took part in the Swimming Scheme which is an excellent free program provided by the Department of Education. Special thanks go to Mr Willcocks for coordinating and supervising the program, to Mrs Hillier for doing a great job in organising the transport roster and to all of the parents and grandparents who assisted with the transport of the children to and from the pool. Thanks to such a united effort the children made excellent progress in their swimming and made positive steps in being safer in the water.

This week is Science Week and in keeping with our Eco Schools initiatives we are focussing on Environmental Education. Tomorrow each class will be involved in an Enviromentors lesson and the whole school is encouraged to take part in a ‘No Waste’ lunch. Information about our week’s activities is included in the newsletter.

Today we were entertained by “Jacana” the first of two Musica Viva performances. Jacana gave the children the opportunity to experience contemporary Australian music and everyone was especially intrigued by the “whirly tube” . The focus across the school in Creative Arts this term is on music and the Musica Viva performances are providing the basis for activities in each class. The children’s progress in music will be reported on in the end of year report.

Our term’s Discovery Hour program concluded today and once again the feedback from the children was very positive. Many thanks to Mrs Parker for giving some of our younger students the chance to learn more about music and to Mrs Sitkowski for working with an enthusiastic sewing group. Discovery Hour will take place again in Term 4 and we are looking for members of the community who would be able to share some expertise with some of the children, particularly the boys who are keen to learn some hands-on skills such as woodwork.

In the previous newsletter I reported that Wollondilly North Rotary donated $500 to our school and the teachers have decided to use the money to support our Student Welfare programs such as MindUp and social skills development. A major focus of our welfare program at the moment is on playing happily together and treating each other with care and consideration.

Congratulations to Wyatt Taylor who was presented with a gold medallion at our last assembly. I am very pleased with the number of students who are receiving special Principal’s awards and who are showing pride in their achievements.

Finally, I encourage families of the students in Years 3-6 to take part in the Interrelate sessions which will be held at the school on September 1. Interrelate is an excellent sexuality and relationships program—please speak to Mrs Hillier for further information.

Looking forward to seeing you at our Book Week celebrations next week.

Kind Regards
Ms Sharon Ihlein
Sports News

A Reflection on the Athletics Carnival, by Rhys Woruba (Yr 6), House Captain

Magpies

Yesterday was thrilling, tiring and educational. The 200, 100 and 800m laps were very fun and tiring. I was so dehydrated but the 10 minute break really helped me to catch my breath and continue. After lunch we went for our 3 rotation activities.

For the long jump I got 3.10m. After that we went to shotput. It was my first time but I wasn’t scared because the teacher explained the rules clearly and I saw how the other age groups did it. First it was Grant’s turn, then Will and me. I had a plan but it didn’t work out—my plan was to do my worst first then best last, instead I did my best first and worst last!

When we were done I took the activity paper to Ms Ihlein. After returning the paper we went for our last activity, discus throwing. Grant went first, then me, then Will. I was glad it was over, my feet were sore and my bones felt broken.

When I went home I slept for an hour but I had a very fun day and was happy that I took part in every activity.

Special Swimming Scheme

Last week 32 students from Year 1 to Year 5 attended swimming lessons at Picton Pool. Each day students did 2 lessons—swimming for nearly an hour and a half each day. The students were tested and placed in groups. They were then put through many activities and lessons to improve their swimming skills and water safety skills. All students should be congratulated on their wonderful participation and outstanding behaviour. A huge thank you to all of the parents who assisted with transport. You were a great help and allow us to keep the cost down, meaning more students can attend.

Thank You, Mr. L. Willcocks

Zone Athletics Carnival—Thursday 27 and Friday 28 August, 2015—note attached

Mr V: Team Manager Mr Willcocks: Official

FOOTSTEPS REMINDER—Program begins this Thursday 20th Aug, wear joggers
WOOLWORTHS EARN & LEARN BEGINS
From Wednesday 15 July to Tuesday 8 September you will receive a sticker for every $10 spent at a Woolworths store. Stick them on your sticker sheet, then place the completed sheet in the collection box located in the school office foyer. At the end of the Earn & Learn program we will count up all our stickers, then choose some fantastic resources from Modern Teaching Aids for our classrooms. Start collecting now!

CAMDEN COMMUNITY OF SCHOOLS SHOWCASE
WEDNESDAY 9TH SEPTEMBER 6.30 TILL 9PM AT CAMDEN CIVIC CENTRE
$2 ENTRY FEE—PAY AT THE DOOR, LIGHT REFRESHMENTS AVAILABLE
PARTICIPATING SCHOOLS: CAWDOR PUBLIC SCHOOL, CAMDEN PS, CAMDEN SOUTH PS, COBBITTY PS, MT HUNTER PS, THE OAKS PS, DOUGLAS PARK PS, CAMDEN HIGH SCHOOL

Book Week Parade
Book Week is fast approaching - now is the time to start thinking about your costume for the Book Parade. This year’s theme is "Books Light Up Our World".
Come dressed as your favourite book or movie character.
Book Parade is on Wednesday 26 August

REMINDER
The EnviroMentors’ Educator will be visiting our school on Tuesday 18 August (TOMORROW). Students are asked to bring all snacks, lunch and drinks in reusable containers or paperbags. Cawdor’s EnviroPower team will be looking for the winning class who have the least waste.

Interrelate’s high-quality Sexuality and Relationship Education program is coming to Cawdor. A special evening program will be held at Cawdor Public School on Tuesday 1st September 2015.
Session 1: Where did I come from? (1 hour session, years 3-6)
Session 2: Preparing for puberty (1 hour session, years 5-6, years 3-4 at parent’s discretion)
Family cost: 1 session $25 per family, 2 sessions $30 per family

Notice Board
Douglas Park Little Athletics Registration Days at Picton Mall—Saturday 22 August and 5 September.
Contact Sharon Gechevski on 0431930923 for more information.
Macarthur Children’s Developmental Clinic’s Speech Pathologists at Narellan are offering FREE screening services for preschool and school aged children in their clinic. The Speech Pathologist informally assess speech development, receptive and expressive language and literacy skills. Bookings are essential as places are limited. Please contact on 4648 0837, or by email on admin@macarthurcdc.com.au
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ATTACHMENTS: Classroom Buzz, Book Week note, new Canteen menu

Special thanks.....

Thank you to the Hayes and Vella families for the loan of lights to decorate the library for our Book Fair celebrations in Week 7. Many thanks to Mrs Christmann who organised a very generous donation of baskets to be used as book tubs in the library. Masters Home Improvement at Gregory Hills have donated 30 baskets—our new look Picture Book section will be ready in time for Book Week.

Mrs Napoleone

CAWDOR PS
STRATEGIC DIRECTIONS:
◦ Quality, innovative teaching
◦ Creative and engaging learning
◦ Enhanced student wellbeing and mindfulness

DATES TO REMEMBER

Week 6
Mon 17 Aug 10am Musica Viva performance
Tue 18 Aug Enviromentors No Waste Lunch
Wed 19 Aug 9am Assembly: Library Monitors
Thu 20 Aug Footsteps program begins

Spelling Bee

Week 7
Mon 24 Aug Book Week begins
Tue 25 Aug Public Speaking competition Oracy group
Wed 26 Aug Book Parade, Book Fair, special performances
Thu 27-Aug 28 Aug Zone Athletics

Week 8
Tue 1 Sep Interrelate evening program
Wed 2 Sep 9am Assembly: SRC

Payments due:
• Musica Viva
• Footsteps
• 5/6 camp deposit